



Change

Common questions

Part 1 - Are you open to change?

Part 1 - What changes do you plan to make in the future?

Part 2 - Describe a big change you experienced in your life.

Part 3 - How has your hometown changed in recent years?

Part 3 - How are the eating habits now in your country different from eating habits in the past?

Part 3 - How will education change in the future?

Vocabulary and expressions

Fluctuate (v) - to change or vary frequently between one level or thing and another.

My weight fluctuates a lot throughout the year.

Embrace (v) - to accept something enthusiastically.

I always try to embrace change and look forward to new circumstances.

Adapt (v) - to change, or to change something, to suit different conditions or uses.

I adapt quickly to change and this really helps me in my field of work.

Complacent (adj) - feeling so satisfied with your abilities/situation you don't try harder.

If I don't change things in my life, I tend to get complacent.

Fresh (adj) - new or different.

I like to keep things fresh by travelling somewhere new every month.

Go through (pv) - undergo a difficult period or experience.

I went through a hard time last year but I made some changes and things improved.

Make a fresh start (phr) - to begin something again; make a big change.

After a difficult year, I decided to make a fresh start and move to a different city.

Stuck in a rut (id) - too fixed in one particular type of job, activity, etc. and needing to change.

I feel like I'm stuck in a rut nowadays; it's time for a new challenge.

Impactful (adj) - having a powerful effect on a situation or person.

The speech was really impactful and motivated me to make some changes.

Undergo (v) - to experience something that is unpleasant or that involves a change.

I've undergone some big changes over the past few years.